

Newsletter Issue № 6

Dear Parents and Carers

This has been a busy week in school with Chris Tawiah the basketball player leading our assembly on Tuesday and *World Book Day* on Thursday, not to mention Parents Evenings. Thank you to all the parents who made appointments with the teachers. I hope you found them useful, enjoyed looking at the Artwork and took away the Interim Reports.

World Book Day was a resounding success, and it was great to see the children and staff dressed up as their favourite Book Characters. Everyone in school was very impressed with the quality and number of entries for the Book in a Box competition. They will be displayed in the school library until next Friday 15th March, when the children will bring them home. Well done everyone!

Next Friday 15th March we will be rewarding children for their hard work this term in our *Learner of the Term Assembly*.

Mrs Davis, 4D class teacher, has had her baby, both mother and child are doing well.

We welcome Michelle McKeogh, our new Family Support Woker who will be starting on Monday 11th March.

In our Celebration Assembly today we shared a traditional prayer:

This is our school.

Let peace dwell here,

Let our school be full of contentment,

Let love abide here.

Love for one another.

Love of mankind,

Love of life itself

And love of God.

Let us remember,

That as many hands build a house.

So many hearts make a school.

Can I remind everyone that we are a **nut free** school because there are a number of children who are allergic to nuts. This means no nuts or nut products are allowed in any foods. Some parents have sent children into school with nuts for snacks and nut products in their lunchboxes.

We have had new water dispensers fitted into school so the children can fill up their water bottles when they need to (we are supporting a new well that has been built in Africa). Please be advised this is not usually during lesson times. This will be especially important as Spring turns to Summer and it gets warmer. Please remember to send your child to school with a named water bottle every day.



Healthy School Guidance 2024

What Is a Healthy School?

A healthy school is one where children learn to value their own health!

The research is clear: a healthy and positive school environment is fundamental to student success and effective learning—not secondary to it.

In recent years, an emerging body of neuroscience focused on child development and the science or learning has established that students' academic achievement is predicated on environments that support healthy student growth across all developmental pathways: physical, psychological, cognitive, social and emotional. Similarly, the studies reveal an absence of such supports to be causally harmful to educational objectives.

But what is a healthy school?

The core elements of a healthy school environment include access to healthcare, healthy food and physical activity, clean air and water, and education about making healthy choices.

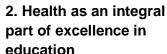
https://www.kent.co.in/blog/water-vs-fruit-juice-which-one-should-you-prefer/#:~:text=Water%20helps%20your%20kidneys%20to,been%20built%20up%20for%20months.

In our healthy school, children learn—through lessons and by example—to value their own health and that of their environment. The components of a healthy school include:

1. Healthy spaces to learn and play

All students deserve access to a clean and safe environment, indoors and out. We provide students with nutritious meals and opportunities for physical activity—including PE classes, sports weeks and after school clubs—while teaching students about the importance of nutrition and activity. Facilities are maintained without the use of harsh chemicals. Playgrounds offer a connection to nature and outdoor learning spaces, as well as an opportunity to contain rainwater and reduce neighbourhood flooding.







Studies show that healthy students are more likely to attend school, are better able to focus in class, and are better positioned to achieve academic success. The definition of a successful school, therefore, should take into account how well a school integrates wellness into its plan for learning, so all students have the opportunity to thrive.



3. Knowledgeable teachers, administrators and staff

School personnel need information and support to carry out evidencebased, cost-effective strategies that improve the delivery of school health services, promote environmentally sustainable operations, and implement healthy classroom practices.



4. Access to physical and behavioural health services

As of 2019, one in four children has health issues that affect their ability to succeed in the classroom—double the number just 30 years ago. This has implications for children's long-term health and for their opportunities to learn and succeed at school. It's known that comprehensive school-based health care, including mental and behavioural health services, improves student wellness and academic achievement. But access to care is often unavailable or unequal. Expanding school-based health services can improve the health of all students while also addressing health disparities that mostly affect students of colour and students from low-income families.



5. Involved parents and community members

In order for these efforts to succeed, school leaders must engage parents and community members in understanding the connection between student health and academic achievement—and student health and community health. Such efforts can build support for a healthy school environment and ensure that families take full advantage of health care opportunities available at school.

By following this vision, together we can work toward creating a healthy school that supports student wellness and learning.

I hope you have a lovely weekend.

Kind Regards

Mr Robbie Walker

Headteacher

Whitley Abbey Primary School





Happy Birthday to the following children



Forename	Year	Forename	Year	Forename	Year	Forename	Year
Vedhik	Nursery2	Justin	Year 01	Inaya	Year 02	Gabriel	Year 04
Neil	Nursery2	Pearl	Year 01	Johann	Year 03	Demario	Year 05
Dhanvith Reddy	Year R	Kavish	Year 01	Mihnea	Year 03	Aiden	Year 05
Felix	Year R	Mary	Year 01	Danya	Year 04	Talha	Year 05
Harley	Year R	Rebecca	Year 01	Cohen	Year 04	Minnie	Year 06
Jayden	Year R	Mohammad	Year 01	Sharon	Year 04	Saralkavin	Year 06
Fola	Year R	Kruthvik	Year 02	Tanvi	Year 04	Kyron	Year 06
Lucas	Year 01	Namish	Year 02	Joshua	Year 04	Finley	Year 06
Ethan	Year 01					Olivia	Year 06

Dates for your diary

<u>Date 2024</u>	<u>Event</u>
Thursday 14th March	Y5 & 6 Dogs Trust Workshop
Friday 15 th March	Red Nose Day – Wear Something Red (voluntary donation)
Tuesday 19th March	Coffee Morning
Friday 22 nd March	Y1 Snowdome Trip (packed lunch required)
Friday 22 nd March	Last day of School break up for Easter – NON-UNIFORM DAY
Monday 8th April	School Closed (Teacher Training Day)
Tuesday 9th April	All Pupils Return to School
Monday 6 th May	School Closed – Bank Holiday
W/C Monday 13th May	Y6 SATs Week
Friday 24 th May	Last day of School break up for Whitsun
Monday 3 rd June	School Closed (Teacher Training Day)
Tuesday 4th June	All Pupils Return to School
Tuesday 9th July	Y6 go to Dol-y-Moch
Saturday 13th July	Y6 Return from Dol-y-Moch

