

Whitley Abbey Primary School

Hand in hand we learn

Year 1 Curriculum

Curriculum Drivers						
Possibilities and Citizenship	Reading and Vocabulary	Health and Wellbeing	Celebrating Diversity			
Our curriculum is designed to promote aspirations by preparing children for a changing world by making links between their learning and careers and opportunities in adult life. The curriculum enables children to make connections between what is learnt in school and open-up possibilities for them in later life. Teachers support children to be good citizens through the development of British Values and the core learning values of; Commitment, Opportunity, Respect and Excellence.	Our curriculum is designed to meet the needs of the children we serve placing great emphasis on the development of tier 2 and tier 3 vocabulary and fluency in reading. At Whitley Abbey we recognise that vocabulary development helps children to communicate effectively and to understand what they hear. Reading enables pupils to develop independent learning skills – skills that will serve them well in later life.	Our curriculum is designed to promote children's health, wellbeing and resilience through the promotion of Whitley Character Values, friendship, kindness, courage, resilience, gratitude and honesty. We want our children to make good choices about their own health and wellbeing. Research suggested that better emotional wellbeing is associated with higher achievement in primary school. When children feel safe they are able to better access learning in the classroom.	Our curriculum is designed to celebrate diversity. This means understanding that each individual is unique and recognising and celebrating our individual differences. The concept of diversity encompasses community, acceptance and respect. We foster the exploration of these differences in a safe, positive, and nurturing environment. We believe that by practicing mutual respect for qualities and experiences that are different from our own we build alliances across differences so that we can work together to eradicate all forms of discrimination.			

Curriculum Organisation

The curriculum at Whitley Abbey Primary School is planned to meet the needs of the diverse school community, placing great focus on vocabulary development and exploiting opportunities to read. The curriculum determines what children will know and do, but also helps them discover possibilities by making links to employment and helping pupils to identify their talents and passions. Throughout our curriculum, we promote our C.O.R.E learning values: Commitment, Opportunity, Respect and Excellence and 'The Whitley Abbey Character Values' (Friendship, Kindness, Gratitude, Honesty, Resilience and Courage) which support children in becoming confident people, able to take their place in society as happy, healthy, responsible citizens who care for others in the diverse world they live in.

Whilst our curriculum is not organised into 'themes' we exploit natural links between subjects to support children in making connections- when logical and practical to do so. We believe that this approach facilitates the promotion of 'depth of knowledge' surrounding a subject or idea and as such the development of Cultural Capital. Despite these links, each subject still retains its autonomy and is taught explicitly to support the development of semantic memory. Teachers plan opportunities for knowledge retrieval at spaced intervals to support the creation of long term memories and knowledge.

We intentionally plan visits, visitors and special events at midway or end points so that pupils have developed the language and knowledge they need to help them to fully immerse in the experience. Our 'Everyone D.O.E.S Promise' provides a programme of extra-curricular and enrichment opportunities to ensure that all children, regardless of their socio-economic status, have a wealth of experiences and memorable events which bring the curriculum to life.

Our curriculum is planned to allow pupils to consolidate learning through regularly revisiting skills (deliberate practise); skills which are framed within the development of new knowledge. The consolidation of these skills allowing children to master key learning that can then be independently applied.

The curriculum delivers Programmes of Study from the National Curriculum 2014 and allows children to embrace a wide range of exciting, challenging and opportunity rich learning experiences that celebrate the differences and diversity in our school community whilst promoting SMSC development and British Values.

Term	Autumn	Spring	Summer
Deliberate Practice Skills	and understand key features of events.	ways of life in different periods. In parts of stories and other sources to show that they know sout the past, documents, stories, letters, pictures, photographs useums, recordings etc ay historical terms.	Deliberate practise vocabulary: Long ago, in the past, year, old, new, modern, year, similar, different, first hand, second hand, before, yesterday, years ago, decade, century, living memory.
Knowledge	Toys <u>Assessment Questions</u>	Bright Lights Big City <u>Assessment Questions</u>	Our Wonderful world – Explorers <u>Assessment Questions</u>
Assessment questions:	 Can children make suggestions for how they could find out about what toys were like in the past? Do children know that toys in the past were different to toys today? Can children describe toys of the past? Can children discuss toys and ask questions about them? Do children understand the term 'decade'? Can children order decades chronologically? Can children identify some of the toys that were popular in particular decades? Can children recognise differences between old toys and new toys? Can children describe old and new toys using appropriate vocabulary? Can children sort old and new toys into categories? Do children know that some of the types of toys they play with were played with by children in the past too? Can children identify similarities between old and new toys? Can children use a range of sources of 	 Can children Explain who Thomas Farriner was and why he is remembered? Can children recall the names of significant places associated with the great fire? Can children recall some of the contributing factors that caused the acceleration of the fire? Can children describe what the buildings were made of at this time and how that has changed? Can the children tell you how long the fire lasted? Can the children tell you how they stopped the fire? Can children discuss why this would not happen again today? Can children make deductions about the past from a variety of sources? Can children tell you about Samuel Peeps and give some details of his diary? Can children describe how the people of the time look different to people today? Can children use a range of sources of information? Can children place these time periods on a time-line? Can children place key events in chronological order? 	 Do the children know who Matthew Henson was? Do the Children know who Christopher Columbus was? Can the children describe the achievements of these twindividuals? Can children compare the lives of these two explorers? Can the children describe what life was like for them in their time-period? Can the children recognise similarities and differences between their own lives and the lives of the two explore. Can children use a range of sources of information? Can children place these time periods on a time-line? Can children place key events in chronological order?

	Vocabulary	Can children place these time periods on a time-line? Can children place key events in chronological order? Rocking horse, spinning top, yoyo, old, old fashioned, material, plastic, wooden, train, doll house, past, present, grand parent, great grand parent, metal, decades, new, similar, different.	Thomas Farriner, London, Capital city, Fire, Spread, Samuel Peeps, Past, leather buckets, bakers, River Thames, Pudding Lane, Monument, Tower of London, emergency, disaster, wooden houses.	Explorer, Atlantic Ocean, captain's log, mast, sailing ship, journey, sail, compass, sailor, expedition, captain, explore, Christopher Columbus, Matthew Henson, Artic
	Term	Autumn	Spring	Summer
	Deliberate Practice (Skills)	[for example, near and far; left and right], Use maps, atlases and globes use aerial photographs and plan perspective devise a simple map; and use and construc	lls to study the geography of their school and its grounds	Deliberate practise vocabulary: Plan, map, at las, globe, place, compass, North, South, East and West, near and far, left and right use
Geography	Knowledge Assessment questions:	School Locality Assessment Questions Can children explain what a map is? Can children explain what a map is used for? Can children find a location on a map? Can children name the 4 compass points? Can children identify North, East, South and West on a compass? Can children identify an aerial photograph? Can children recognise some features on an aerial photograph? Can children describe how the land used around the school? Can children identify is a symbol on a map? Do children know what a key is? Can children draw a simple map of the school using symbols?	London and UK Assessment Questions Augustus Pugin Can children explain what a map is? Can children explain what a map is used for? Can children find a location on a map? Can children name the 4 compass points? Can children identify North, East, South and West on a compass? Can children identify an aerial photograph? Can children name the countries in the UK? Can children use an atlas to locate the countries in the UK? Do children know that London is the capital city? Can children describe the difference between a city, town and village? Can children name some London landmarks? Can children identify why London different to Coventry?	Hot and cold Places Assessment questions Can children explain what a map is? Can children explain what a map is used for? Can children find a location on a map? Can children name the 4 compass points? Can children identify North, East, South and West on a compass? Can children locate places in a globe or atlas? Can children name the seven continents of the world and locate them on a map? Can you name the five oceans of the world and locate them on a map? Can children recognise the difference between seas and oceans? Can children locate the equator? Can children locate the North and South pole? Can children describe what it might be like in a hot/cold country and what they might wear?

	Vocabulary	Local area (locality), land use, aerial view, symbol, key, building, field, path, playground	Aerial photograph, United Kingdom, England, Scotland, Wales, Northern Ireland, capital city, Belfast, Cardiff, Edinburgh, London, landmarks Human features – city, town, village, factory, farm, house, office, shop, skyscraper, road, railway Physical features – river, soil, woods	Continent, Europe, Asia, Africa, A America, Australasia, oceans, Atla Arctic, human, physical, hot, cold	ntic, Pacific, Indian, Southern,
	Term	Autumn	Spring	Sum	nmer
	Deliberate Practice (Skills)	Deliberate practise vocabulary: • Question, fir out, observe, describe, test, compare • Measur length, height, mass/weight, time, temperature Record, results, table, chart, pictograph, block graph, bar chart	nd re,		
Science		 ask simple questions and recognise that the observe closely, using simple equipment perform simple tests identify and classify use observations and ideas to suggest answering gather and record data to help in answering 	ers to questions		
	SC1		eas to suggest answers to questions?	ough the teaching of the programme	of study content:
		Materials	Animals Including Humans	Plants	Seasons
	Knowledge Assessment questions:	Assessment Questions:	Assessment Questions:	Assessment Questions	Assessment Questions
	questions	 Can children identify the material and object is made from? Can children identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock? Can children describe the simple physical properties of a variety of everyday materials? Can children compare and group together a variety of everyday materials on the basis of their simple physical properties.? 	 Can children identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals Can children describe what a mammal is? Can children identify and name a variety of common animals that are carnivores, herbivores and omnivores Can children describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets) Can children identify, name, draw and label the basic parts of the human body and say which part of the body is associated with 	 Can children identify and name a variety of common wild and garden plants, including deciduous and evergreen trees? Can children describe the difference between a deciduous and evergreen tree? Can children identify, describe and label the basic structure of a variety of common 	 Can children name the four seasons Spring, Summer, Autumn, Winter? Can children talk about season changes in weather? Can children talk about the sun rise and sun set and the effect this has and how this changes throughout the

	Vocabulary	Wood, plastic, glass, metal, water, rock, brick, paper, card, rubber, fur, fleece, cotton, wool, polyester, cotton wool • Names of common objects made from these materials e.g. door, building block, window, pencil sharpener, teddy etc. • Soft, hard, rough, smooth, stretchy, stiff, shiny, dull, flexible, waterproof, absorbent, opaque, transparent, translucent	Fish, amphibian, reptile, bird, mammal • Common names of fish, amphibians, reptiles, birds, mammals including pets and those found in the local environment • Common structure of animals and humans including: head, face, ears, hair, eyes, nose, mouth, teeth, cheek, chin, neck, body, arms, hands, fingers, paws, fins, wings, legs, feet, toes, tail, skin, scales, fur, feathers • Herbivore, carnivore, omnivore • See, look, hear, listen, touch, feel, taste, smell	Leaves, flowers, blossom, petals, fruit, roots, bulb, seed, trunk, branches, stem • Names of plants in their local environment for example grass, clover, daisy, buttercup, dandelion, oak, holly, daffodil, tulip etc. and plants we grow to eat such as lettuce, tomatoes, cucumber, radish, herb etc.	Can children talk about plants and how they change in the different seasons e.g deciduous and evergreen? Spring, summer, autumn, winter • Day, night, light, dark, sunrise, sunset • Sun, rain, snow, hail, precipitation, wind, cloud, cloud cover • Deciduous, evergreen tree
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	Term Deliberate	Autumn	Spring	Sum	mer
	Practice (Skills)	develop a wide range of art and design tech	t, ge	- '	
		Andy Goldsworthy – Wax Resist Autumn Leaves	GFL Art – Using Charcoal and paint – mixed media	Kandinsky / Alma Thomas–	Links to Seasons – Exploring
	Knowledge	/ Squiggle Drawing	Assessment questions	tone/ collage	
	Assessment	Assessment questions	Can shill have seed a Process 1997	Assessment questions	
Art	questions:	 Can children comment on the work of other artist giving an opinion? Can children comment on the materials and techniques used by an artist? Can children identify similarities and difference between pieces of work? Can children evaluate their own work and the work of others? Can children use natural materials to create? Can children use wax rubbing technique to record images? Can children use the work of artists as a stimulus for their own work? Can children use the squiggle drawing technique to capture an image at speed? 	 Can children make lines of different sizes/ thickness and shapes and describe them? Can children use more than one media to create an image? Can children describe the techniques they are using – painting, sketching, shading, drawing? Can children comment on the work of other artist giving an opinion? Can children comment on the materials and techniques used by an artist? Can children identify similarities and difference between pieces of work? Can children evaluate their own work and the work of others? Can children mix paints to make lighter and darker colours? 	giving an opinion? Can children comment used by an artist? Can children identify s between pieces of word can children evaluate others? Can children identify power can children identify sower can children explain ware mixed and know he purple?	their own work and the work of rimary colours?

	Vocabulary soft, broad, bold, narrow, fine, pattern, line, shape, detail, dots, rounded, symmetrical, long Shapes: e.g. Long, oval, curvy, wavy Observational drawing, wax resist,		https://romeromac.com/wp-content/uploads/2020/02/Year-2The-Great-Fire-of-London.pdf Describe lines and brush strokes or brushes- Thick, thin, soft, broad, bold, narrow, fine, pattern, line, shape, detail Shapes: e.g. Long, oval, curvy, wavy Materials: charcoal, drawing pencil	tht Dark, Thick, Thin, Tone, Warm, Cold, Shade e.g. naming ferent shades , rip, tear, collage iral, circle, continuous, movement imary colours; Red, yellow and blue condary colours: green, orange, purple	
	Term	Autumn	Spring	Summer	
	Deliberate Practice (Skills)	 generate, develop, model and communica and, where appropriate, information and select from and use a range of tools and ed select from and use a wide range of materiand ingredients, according to their characte explore and evaluate a range of existing p evaluate their ideas and products against build structures, exploring how they can be 	oducts for themselves and other users based on design criteriate their ideas through talking, drawing, templates, mock-up communication technology quipment to perform practical tasks [for example, cutting, sha ials and components, including construction materials, textileseristics products design criteria	ping, joining and finishing]	
DT	Knowledge Assessment questions:	Puppets Assessment questions https://www.kapowprimary.com/subjects/design- technology/key-stage-1/year-1/textiles- puppets/assessment-dt-y1-puppets/	Structures – Inspired by London's skyline Assessment questions Can the children explain what a structure is? Can the children identify a man-made material/object? Can the children identify a natural material/object? Can the children differentiate between strong and weak structures? Can the children explain if a structure is stable or unstable? Can the children explain the function of the product they have made? https://www.drawingtolearn.com.au/blog/cereal-box-city-from-riba-architecturecom	Assessment questions https://www.kapowprimary.com/subjects/design- technology/key-stage-1/year-1/fruit-and- vegetables/assessment-dt-y1-fruit-and-vegetables/	

	Vocabulary	Design, glue, decorate, model, hand puppet, safety pin, staple, stencil, template	Function, man- made, stiff, stable, strong, structure, natural	Blender, fruit, vegetable, seed, root, ingredients, peel, peeler, smoothie			
	Term	Autumn	Spring	Summer			
	Deliberate Practice (Skills)	 use technology safely and respectfully, keepi 	ur of simple programs nise, store, manipulate and retrieve digital content ng personal information private; identify where to go for nt or contact on the internet or other online technologie				
	Continuous	Our computing curriculum aims to explicitly teach Computer Science Skills.					
	provision	Digital literacy and Information Technology will be delivered in a cross curricular approach. Therefore, children will be given regular opport to practise word processing skills, use search engines, save and edit their work and present ideas in a variety of forms through other area curriculum.					
		Safety/ Technology beyond school /	Algorithms				
သ	Knowledge	grouping and sorting	Spreadsheets	<u> </u>			
_	INIUTTICUEL		National Online Salety Unit – Unline	National Online Safety Unit – Online			
	Assessment	National Online Safety Unit - Self image	National Online Safety Unit – Online Relationships	National Online Safety Unit – Online Reputation			
putin	Assessment	National Online Safety Unit - Self image and identify					
Cornputin		National Online Safety Unit - Self image and identify Assessment Questions: Do children know how to keep	Relationships	Reputation			
Computing	Assessment	National Online Safety Unit - Self image and identify <u>Assessment Questions:</u>	Relationships Assessment Questions: • Do children know how to keep themselves	Reputation Assessment Questions:			
Computin	Assessment	National Online Safety Unit - Self image and identify Assessment Questions: Do children know how to keep	Relationships Assessment Questions: Do children know how to keep themselves safe online?	Reputation Assessment Questions: Do children know how to keep themselves safe online			

	Term	Autumn	Spring	Summer	
	Deliberate Practice (Skills)				
		Assessment Questions:	Assessment Questions:	Assessment Questions:	
	Knowledge Assessment questions:	Autumn 1: Who is a Christian and what do they believe? (part 1) Who do Christians believe in? Why is God special to Christians? How do Christians describe God? Which symbol reminds Christians of God? How do Christians worship God? What do they do to show their respect for him? Autumn 2: How and why do we celebrate special and sacred times? (part 1) Can you name a Christian festival? What does the festival represent? How is it celebrated? Can you name a Muslim festival? Why do Muslims celebrate Eid? How is it celebrated?	Spring 1: Who is a Muslim and what do they believe? (part 1) What is the Muslim faith called? Who do Muslims believe in? Can you explain what the Pillars of Islam are? What do Muslims do during Ramadan? Spring 2: What does it mean to belong to a faith community? Can you name groups that you and some of your friends belong to? What is the symbol of belonging for Christians? What is the symbol of belonging for Muslims? Why are symbols of belonging important? Can you explain what happens in a baptism/welcoming ceremony?	 Summer 1 and 2: What makes some places sacred? Can children name the sacred places of worship for people of the Islam, Christian and Jewish faith? Can you name the holy book for each faith? Can you identify some features in a mosque and explain their meaning to believers? Can you identify some features of a synagogue and explain their meaning to believers? Can you identify some features of a church and explain their importance? 	
RE	Vocabulary	Autumn 1: Christian, Jesus, God, bible, cross, church, worship. Autumn 2: Christmas, Easter, Eid. Jesus. Palm Sunday, palm leaf, bread, wine, hot crossed bun, cross	Spring 1: Islam, God, Allah, Prophet Muhammed. Five pillars of Islam. Ramadan, Eid. Spring 2: belonging, shared interests, shared beliefs, baptism/welcoming ceremony.	Sacred, holy. Islam, Judasiasm, Christianity. Mosque, Synagogue, Church. Bible, altar, cross, lectern, stained-glass window, font, pews, pulpit. Qur'an, washroom, mihrab, qubba, prayer mat, cresent moon and star.	
		Ramadan, fasting,		Torah scroll, kippah, ark, tallit, shabbat candles.	
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	Term	Autumn	Spring	Summer	
PE	Deliberate Practice (Skills) Deliberate practise vocabulary: run, jump (star, thop, leap, hop, straight, half) throw (over arm, to catch, balance, counter balance, agility, co-ordination, attack and defend, movement pattern, warm up, healthy, exercise, fitness, Evaluate. Master basic movements including running, Develop balance, agility and co-ordination, at Participate in team games, developing simp		jumping, throwing and catching, and begin to apply these in a range of activities le tactics for attacking and defending		
		Perform dances using simple movement pa		1 A O	
	Knowledge Assessment questions:	Assessment questions Dance Do children know the importance of completing a warm up/ cool down? Can children tell you why a rehearsal is important?	Assessment questions Multi-sports Do children know the importance of completing a warm up/ cool down?	Assessment Questions Athletics Do children know the importance of completing a warm up/ cool down? Can children show you different ways of balance?	

	Can children show you a series of simple movement patterns? Can children show you a clear starting and finishing position? Gymnastics Do children know the importance of completing a warm up? Do children know what is meant by travelling? Can children show you a roll? (could be a log roll, forward roll, backwards roll, teddy-bear roll) Can children show you a safe way to land? (bending both knees on landing with two feet) Can children make shapes with their body? Can children move from one place to another changing the speed of movement? Can children evaluate their performance? Can children say what they need to do improve their performance? Can children talk about the importance of exercise and some of the effects it has on their body? Vocabulary Dance Performance, dance, rehearsal, dance phrases, patterns, movement. Gymnastics Warm up, heart rate, shapes, travelling, apparatus,		 Can children show you different ways of using a ball? (e.g. kick, roll, throw) Can children retrieve and stop a ball using different body parts? Can children show you how to run into space? Can children show you simple defending and attacking techniques? E.g. dodging, sprinting into spaces, following. Can children show you how to pass a ball? Can children show you how to receive a ball in different ways? Can children evaluate their performance? Can children say what they need to do improve their performance? Can children talk about the importance of exercise and some of the effects it has on their body? Passing, throwing, underarm, overarm, defend, attack, techniques, breathing, fast, slow, control, space, dodging, sprinting, pass.	 Can children show you a variety of different sporting skills? E.g. bat, ball, throw, catch, jump etc. (link to types of jumps) Can children change direction whilst running? Can children evaluate their performance? Can children say what they need to do improve their performance? Can children talk about the importance of exercise and some of the effects it has on their body? Active, space, skills, actions, combination, accuracy, control, control, co-ordination	
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	Term	Autumn	Spring	Summer	
Music	Deliberate Practice (Skills)	 play tuned and untuned instruments music listen with concentration and understanding 	g to a range of high-quality live and recorded music ne sounds using the inter-related dimensions of music.		
2		Assessment Questions	Assessment Questions:	Assessment Questions:	
	Knowledge Assessment questions:	Assessment Questions: Unit 1 – Hey You - To see how pulse, rhythm and pitch work together • Can children recognise that music has a steady beat like a heartbeat? • Can children create rhythms from words?	Unit 3 - In the Groove - To know how to respond to different styles of music Can children find the pulse of a piece of music? Can children identify 5 types of music? Can children dance to or move to the pulse of each style?	Unit 4 - Round and Round - To identify the pulse, rhythm and pitch in different styles of music Can children improvise with two notes? Can children listen to and respond to songs with a Bossa Nova rhythm?	

		 Can children create their own rhythms? Can children listen to and respond to songs with a Hip Hop theme? 	 Can children listen to and repeat a short phrase using 2 notes on an instrument (high / low)? Can children create with two, then three notes? 	 Can children play as part of the performance? Can children play accurately and in time?
	Vocabulary	Unit 1 - Pulse, rhythm. Pitch, rap, improvise. Compose, melody, bass guitar, drums, decks, perform	Unit 3 - Blues, Baroque, Latin, Folk and Funk, rhythm, pitch, compose, improvise, perform, groove	U Unit 4 - Keyboard, bass, guitar, percussion, trumpets, saxophones, pulse, rhythm, pitch, improvise, compose, perform, audience, Bossa Nova
	Term	Autumn	Spring	Summer
	Theme	Being me in my world/ Celebrating Difference	Dreams and Goals/ Healthy Me	Relationships/ Changing Me
PCHE		The children will discuss rights and responsibilities, and choices and consequences. The children learn about being special and how to make everyone feel safe in their class as well as recognising their own safety. • Understand their oclass room • Understand that their choices have consequences • Understand that their views are important • Understand that they are safe in their class • Identifying helpful behaviours to make the class a safe place The children explore the similarities and differences between people and how these make us unique and special. They learn what bullying is and what it isn't. They discuss friendship, how to make friendship, how to tell if they or someone else is being bullied or is feeling unhappy • Know that people are unique and that it is OK to be different • Know skills to make friendships • Know that people have differences and similarities • Identify what is bullying and what isn't • Understand how being	The children talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. Now how to achieve a goal throw how to identify obstacles which make achieving their goals difficult and work out how to overcome them throw the difference between being healthy and unhealthy and between being healthy and unhealthy and unhealthy and unhealthy and less healthy choices. They explore hygiene, keeping themselves clean and that germs can make you unwell. The children learn about healthy and less healthy choices. They explore hygiene, keeping themselves clean and that germs can make you unwell. The children learn about healthy and less healthy choices. They explore hygiene, keeping themselves clean and that germs can make you unwell. The children learn about healthy and less healthy choices. They explore hygiene, keeping themselves clean and that germs can make you unwell. The children learn about healthy and less healthy choices. They explore hygiene, keeping themselves clean and that germs can make you unwell. The children learn about healthy and less healthy choices.	Children's breadth of relationships is widened to include people they may find in their school community. They consider their own significant relationships and why these are special and important. Pupils also consider their own personal attributes as a friend, family member and as part of a community, and are encouraged to celebrate these. • Know that everyone's family is different • Know that families are founded on belonging, love and care • Know that physical contact can be used as a greeting • Know who to ask for help in the school community • Know that there are lots of different types of families • Know the characteristics of healthy and safe friends • Know about the different people in

	Understand that they have choices Understanding that they are special Identify what it's like to feel proud of an achievement Recognise feelings associated with positive and negative consequences	bullied might feel Recognise ways in which they are the same as their friends and ways they are different Know ways to help a person who is being bullied Identify emotions associated with making a new friend Verbalise some of the attributes that make them unique and special	faced with a challenge/obstacle Recognise how they feel when they overcome a challenge/obstacle Celebrate an achievement with a friend Can store feelings of success so that they can be used in the future	 Know how to keep themselves clean and healthy Know that germs cause disease/illness Know about people who can keep them safe Keep themselves safe Recognise how being healthy helps them to feel happy Recognise ways to look after themselves if they feel poorly Recognise when they feel frightened and know how to ask for help Feel good about themselves when they make healthy choices Realise that they are special 	the school community and how they help Can express how it feels to be part of a family and to care for family members Can say what being a good friend means Can identify forms of physical contact they prefer Can say no when they receive a touch they don't like Can show skills of friendship Can praise themselves and others Can recognise some of their personal qualities Can say why they appreciate a special relationship	 Know that changes happen when we grow up Know that people grow up at different rates and that is normal Know that learning brings about change Understand and accept that change is a natural part of getting older Can suggest ways to manage change, e.g. moving to a new class Can identify some things that have changed and some things that have stayed the same since being a baby (including the body) Can express why they enjoy learning
Vocabulary	Safe, Special, Calm, Belonging, Special, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration	Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique	Proud, Success, Treasure, Coins, Learning, Stepping- stones, Process, Working together, Team work, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve	Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Body parts, Keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Safe, Safety, Green Cross Code, Eyes, Ears, Look, Listen, Wait	Belong, Same, Different, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Feel, Texture, Like, Dislike, Help, Helpful, Community, Confidence, Praise, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate	Changes, Life cycles, Adulthood, Mature, Male, Female, Vagina, Penis, Testicles, Vulva, Anus, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping